



ST. ALPHONSUS LUNCH MENU

September 2017

LUNCH FOR MONTH= \$65.00
(\$3.25/day)
Adult price= \$3.75
SNACK MILK= \$8.00 (\$0.40/day)

BR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 BBQ Meatball Sub French Fries Black Eye Peas Pineapple Chicken Tender Salad	29 Nachos Corn Tomatoes w/dip Rosey Applesauce Chef Salad	30 2 PM DISMISSAL Salisbury Steak w/rice Broccoli Carrots Mixed Fruit Grilled Chicken Salad	31 Chicken Nuggets Mash Potatoes w/gravy Toss Salad Mandarin Oranges Chicken Salad Salad	1 MASS Grilled Cheese Sandwich Bake Beans Carrots Blushing Pears Fruit and Yogurt
4	5	6	7	8 MASS
NO SCHOOL LABOR DAY	Tacos Corn Garden Salad Peaches Chef Salad	Pancakes, Sausage, & Eggs Hash Browns Sweet Potato Cubes Strawberry cup Grilled Chicken Salad	Pizza Corn Toss Salad Applesauce Tuna Salad Salad	Family/Grandparents Day Chicken & Sausage Gumbo Mixed Veggies Potatoe Salad Tropical Fruit Fruit and Yogurt
11	12	13 2 PM DISMISSAL	14	15 MASS
Spaghetti Green Beans Garden Salad Mandarin Fruit Cup Chicken Tender Salad	Nachos Tex Mex Beans Tomatoes w/dip Pears Chef Salad	Cheese Burger Tater Tots Carrots Strawberry cup Grilled Chicken Salad	Chicken Nuggets Mash Potatoes w/gravy Peas Pineapple Tuna Salad Salad	Hot Dogs French Fries Bake Beans Rosey Applesauce Fruit and Yogurt
18	19	20	21	22 MASS
Cheesy Chicken Sweet Potatoe Cubes Toss Salad Mixed Fruit Chicken Tender Salad	Tacos Mexi Cali Corn Tomatoes w/dip Mandarin Oranges Chef Salad	Pancakes, Sausage, & Eggs Hash Browns Sweet Potato Cubes Strawberry cup Grilled Chicken Salad	Pizza Corn Garden Salad Blushing Pears Chicken Salad Salad	Grilled Cheese Sandwich Tater tots Bake Beans Peaches Fruit and Yogurt
25	26	27 2 PM DISMISSAL	28	29 MASS
Meatball Marinara Green Beans Tomatoes w/dip Applesauce Chicken Tender Salad	Nachos Mexi Cali Corn Toss Salad Tropical Fruit Chef Salad	Salisbury Steak w/rice Mixed Veggies Broccoli Strawberry cup Grilled Chicken Salad	Corn Dogs Bake Beans Garden Salad Mandarin Fruit Cup Chicken Salad Salad	Chicken Alfredo Broccoli Black Bean Salad Pears Fruit and Yogurt

NOTE: MENU SUBJECT TO CHANGE

Please send payment for your child's account to his/her teacher or bring to front office.

List name of Student and Grade when paying lunch dues. Remember to check your child's balance on PowerSchool. Thanks!

Age-appropriate-sized servings are part of our regular lunch.

We use MS/USDA guidelines to encourage healthy eating habits and portion control.

St. Alphonsus Catholic School, Child Nutrition is an Equal Opportunity Provider and Employer