



# ST. ALPHONSUS LUNCH MENU

## October 2017

LUNCH FOR  
MONTH= \$65.00  
(\$3.25/day) Adult  
price= \$3.75  
SNACK MILK=  
\$8.00 (\$0.40/day)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
BBQ Meatball Sub French Fries Garden Salad Peaches Chicken Tender Salad	Tacos Corn Tomatoes w/dip Rosey Applesauce Chef Salad	Pancakes, Egg, Sausage, Etc. Hash Browns Sweet Potato Cubes Peach Cups Tuna Salad Salad	<b>FALL BREAK NO SCHOOL Cruising the Coast</b>	<b>FALL BREAK NO SCHOOL</b>
<b>9</b>	<b>10</b>	<b>11 2PM DISMISSAL</b>	<b>12</b>	<b>13 MASS</b>
Cheeseburger Pie Sweet Potato Cubes Broccoli Mixed Fruit Chicken Tender Salad	Chicken Fajitas Mexicali Corn Toss Salad Mandarin Fruit Cup Chef Salad	Pizza Corn Garden Salad Blushing Pears Tuna Salad Salad	Bacon Cheeseburger Bake Beans Tomatoes w/dip Pineapple Grilled Chicken Salad	Grilled Cheese Sandwich Tater Tots Coleslaw Applesauce Fruit and Yogurt
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20 MASS</b>
Spaghetti Green Beans Toss Salad Tropical Fruit Chicken Tender Salad	Nachos Refried Beans Tomatoes w/dip Peaches Chef Salad	Pancakes, Egg, Sausage, Etc. Hash Browns Sweet Potato Cubes Strawberry Cups Chicken Salad Salad	Chicken Nuggets Mashed Potato w/gravy Peas Mandarin Oranges Grilled Chicken Salad	Hot Dogs French Fries Raw Veggies w/dip Pears Fruit and Yogurt
<b>23</b>	<b>24</b>	<b>25 2PM DISMISSAL</b>	<b>26</b>	<b>27 MASS</b>
Red Beans and Rice Broccoli Raw Veggies w/dip Peaches Chicken Tender Salad	Tacos Mexicali Corn Toss Salad Rosey Applesauce Chef Salad	Pizza Corn Garden Salad Mixed Fruit Chicken Salad Salad	Salisbury Steak w/rice Broccoli Peas Mandarin Fruit Cup Grilled Chicken Salad	Grilled Cheese Sandwich Bake Beans Carrots Blushing Pears Fruit and Yogurt
<b>30</b>	<b>31</b>	<b>1 MASS</b>	<b>2</b>	<b>3 NO MASS</b>
Meatball Marinara Tater Tots Toss Salad Pineapple Chicken Tender Salad	Chicken Nachos Refried Beans Tomatoes w/dip Mandarin Oranges Chef Salad			

**NOTE: MENU SUBJECT TO CHANGE**

Please send payment for your child's account to his/her teacher or bring to front office.

List name of Student and Grade when paying lunch dues. Remember to check your child's balance on PowerSchool. Thanks!

Age-appropriate-sized servings are part of our regular lunch.

We use MS/USDA guidelines to encourage healthy eating habits and portion control.

St. Alphonsus Catholic School, Child Nutrition is an Equal Opportunity Provider and Employer