



# ST. ALPHONSUS LUNCH MENU

## October 2018

LUNCH FOR  
MONTH= \$68.25  
(\$3.25/day) Adult  
price= \$3.75  
SNACK MILK=  
\$10.50 (\$0.50/day)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BBQ Meatball Sub French Fries Garden Salad Blushing Pears Ham and Cheese Sandwich	Tacos Corn Tomatoes w/dip Peaches Turkey and Cheese Sandwich	Pancakes, Egg, Sausage, Etc. Hash Browns Sweet Potato Cubes Applesauce Ham and Turkey Sandwich	<b>FALL BREAK NO SCHOOL Cruising the Coast</b>	<b>FALL BREAK NO SCHOOL</b>
8	9	10	11	12
Chicken & Sausage Gumbo Sweet Potato Cubes Broccoli Pineapple Chicken Tender Salad	Chicken Fajitas Mexicali Corn Toss Salad Mandarin Oranges Chef Salad	2PM DISMISSAL Pizza Corn Garden Salad Pears Tuna Salad Salad	Bacon Cheeseburger Bake Beans Tomatoes w/dip Peaches Grilled Chicken Salad	MASS Grilled Cheese Sandwich Tater Tots Coleslaw Rosey Applesauce Fruit and Yogurt
15	16	17	18	19
Spaghetti Green Beans Toss Salad Mixed Fruit Chicken Tender Salad	Nachos Refried Beans Tomatoes w/dip Mandarin Fruit Cup Chef Salad	Pancakes, Egg, Sausage, Etc. Hash Browns Sweet Potato Cubes Blushing Pears Chicken Salad Salad	Chicken Nuggets Mashed Potato w/gravy Peas Peaches Grilled Chicken Salad	MASS Hot Dogs French Fries Raw Veggies w/dip Applesauce Fruit and Yogurt
22	23	24	25	26
Red Beans and Rice Broccoli Raw Veggies w/dip Pineapple Ham and Cheese Sandwich	Tacos Mexicali Corn Toss Salad Mandarin Oranges Turkey and Cheese Sandwich	Pizza Corn Garden Salad Pears Ham and Turkey Sandwich	Salisbury Steak w/rice Broccoli Peas Peaches Hot Ham & Turkey Sandwich	MASS Grilled Cheese Sandwich Baked Beans Carrots Rosey Applesauce Fruit and Yogurt
29	30	31	1	2
Catfish Tater Tots Toss Salad Mixed Fruit Ham and Cheese Sandwich	Chicken Nachos Refried Beans Tomatoes w/dip Mandarin Fruit Cup Turkey and Cheese Sandwich	Pancakes, Egg, Sausage, Etc. Hash Browns Sweet Potato Cubes Blushing Pears Ham and Turkey Sandwich	MASS Chicken Nuggets Mashed Potato w/gravy Peas Peaches Hot Ham & Turkey Sandwich	2 Sack Lunch Turkey and cheese sandwich Carroteenies Applesauce Fruit and Yogurt

NOTE: MENU SUBJECT TO CHANGE

Please send payment for your child's account to his/her teacher or bring to front office.

List name of Student and Grade when paying lunch dues. Remember to check your child's balance on PowerSchool. Thanks!

Age-appropriate-sized servings are part of our regular lunch.

We use MS/USDA guidelines to encourage healthy eating habits and portion control.

St. Alphonsus Catholic School, Child Nutrition is an Equal Opportunity Provider and Employer