



# ST. ALPHONSUS LUNCH MENU

## March 2019

LUNCH FOR  
MONTH= \$61.75  
(\$3.25/day) Adult  
price= \$3.75 SNACK  
MILK= \$9.50  
(\$0.50/day)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Spaghetti Green Beans Spinach Pears Turkey & Cheese Sandwich	26 Chicken Noodle Soup w/grilled Cheese Carrots Lima Beans Peaches Fruit & Yogurt	27 Pizza Corn Peas Rosey Applesauce Tuna Salad	28 Dr. Suess Pancakes, Egg, & Sausage Sweet Potato Cubes Hash Browns Strawberry Cups Turkey & Cheese Sandwich	1 MASS Catfish French Fries Baked Beans Mixed Fruit Fruit & Yogurt 
4	5	6 MASS	7	8
		6 Vegetable Soup w/grilled Cheese Sandwich Lima Beans Carrots Blushing Pears Tuna Salad Sandwich	7 Chicken Nuggets Mash Potatoes w/ Gravy Peas Peaches Turkey & Cheese Sandwich	8 Grilled Cheese Sandwich French Fries Baked Beans Applesauce Fruit & Yogurt
11	12	13 2PM Dismissal	14	15 MASS
Red Beans and Rice Green Beans Carrots Pineapple Turkey & Cheese Sandwich	Taco Pie Tex Mex Beans Carrots Pears Fruit & Yogurt	Shepherd's Pie Corn Peas Peaches Chicken Salad Sandwich	Beef a Roni French Fries Peas Rosey Applesauce Turkey & Cheese Sandwich	Catfish Baked Beans Spinach Mixed Fruit Fruit & Yogurt
18	19	20	21	22 MASS
Spaghetti Green Beans Spinach Blushing Pears Turkey & Cheese Sandwich	Taco Soup Corn Black Eye Peas Peaches Fruit & Yogurt	Pancakes, Egg, & Sausage Sweet Potato Cubes Hash Browns Strawberry Cups Chicken Salad Sandwich	Chicken Nuggets Mash Potatoes w/ Gravy Peas Applesauce Turkey & Cheese Sandwich	Grilled Cheese Sandwich French Fries Bake Beans Pineapple Fruit & Yogurt
25	26	27	28	29 MASS
Chicken Noodle Soup w/grilled Cheese Sandwich Lima Beans Carrots Pears Turkey & Cheese Sandwich	Nachos Corn Spinach Peaches Fruit & Yogurt	Pancakes, Egg, & Sausage Sweet Potato Cubes Hash Browns Strawberry Cups Tuna Salad Sandwich	Cheese Burger Pie Peas Green Beans Rosey Applesauce Turkey & Cheese Sandwich	Catfish French Fries Baked Beans Mixed Fruit Fruit & Yogurt

NOTE: **MENU SUBJECT TO CHANGE**

Please send payment for your child's account to his/her teacher or bring to front office.

List name of Student and Grade when paying lunch dues. Thanks!

Age-appropriate-sized servings are part of our regular lunch.

We use MS/USDA guidelines to encourage healthy eating habits and portion control.

St. Alphonsus Catholic School, Child Nutrition is an Equal Opportunity Provider and Employer