

OCTOBER 2021

ST. ALPHONSUS CATHOLIC SCHOOL

LUNCH



St. Alphonsus Catholic School
504 Jackson Avenue
Ocean Springs, MS 39564



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

DESSERTS ARE NOT SERVED TO STUDENTS IN PK2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Hamburger
French Fries
Side Salad
Watermelon
Milk **1**

Crispy Chicken Sandwich **4**
Carrot & Cucumber Salad
Pineapple
Pretzels
Milk

Beef Tacos **5**
Mexicali Corn
Mango
Spanish Rice
Milk

Scrambled Eggs **6**
Sausage Link / *Sliced Ham (PK2)*
Shredded Hash Browns
Watermelon
Blueberry Muffin
Milk

NO SCHOOL **7**
FALL BREAK

NO SCHOOL **8**
FALL BREAK

Roast Beef Sandwich **11**
Snow Peas
Apricots
Pasta Salad
Milk

Chicken Enchilada Bake **12**
Black Beans
Kiwi
Tortilla Chips
Milk

Sliced Ham **13**
Green Peas
Strawberries
Yeast Roll
Milk

Chicken Parmesan **14**
Green Beans
Apple / *Applesauce (PK2)*
Garlic Breadstick
Milk

Red Beans & Rice / *No Sausage (PK2)* **15**
Side Salad
Blueberry Crisp / *Blueberries (PK2)*
Cornbread
Milk

Chef Salad **18**
Pita Bread w/ Hummus
Mango
Cinnamon Cookie
Milk

Beef Nachos **19**
Mexicali Corn
Oranges
Spanish Rice
Milk

Ranch Chicken Pasta **20**
Roasted Summer Squash
Oranges
Yeast Roll
Milk

Ziti w/ Italian Sausage & Beef / *No Sausage (PK2)* **21**
Roasted Broccoli
Grapes / *Applesauce (PK2)*
Garlic Toast
Milk

Chicken & Waffles **22**
Grapes / *Applesauce (PK2)*
Side Salad
Roasted Sweet Potatoes
Milk

Turkey & Cheese Croissant **25**
Veggie Sticks w/ Ranch
Apple / *Applesauce (PK2)*
Goldfish Crackers
Milk

Chicken Quesadilla **26**
Roasted Cauliflower
Kiwi
Black Beans & Corn
Milk

Pot Roast **27**
Cucumber & Tomato Salad
Banana
Rice w/ Gravy
Milk

Pizza **28**
Kale & Apple Salad
Peaches
Chocolate Cake
Milk

Chicken & Veggie Stir Fry **29**
Shelled Edamame
Mandarin Oranges
Chocolate Chip Cookie
Milk