

# St. Alphonsus Track

TRACK SEASON IS UPON US! We will be starting practices as soon as possible. We would like to have the **first practice on Sunday, March 13<sup>th</sup> at 2:30 at Freedom Field in Ocean Springs.** Future practices will be scheduled following the first practice and we're hoping to be able to get on a track a couple times before the first meet. Your Track Coach's name is Phil LaPrad, he will be working with some yet to be defined assistants.

Information regarding the Annual Track Meet has already been published but we're still pending information for the CYO organized track meets that has previously been communicated. If information concerning the CYO track season is released it will be immediately communicated.

Regarding the Annual Track meet:

Track Meet Date: Saturday, May 7<sup>th</sup> at 9:00 AM – Gates will open at 8:00 AM

Location: St. Patrick Catholic School – 18300 St Patrick Rd, Biloxi, MS 39532

Events:

Field Events	Grades
Long Jump	(1-6)
Softball Throw	(3-6)
Running Events	Grades
50 Meters	(1-6)
70 Meters	(1-6)
100 Meters	(3-4)
200 Meters	(4-6)
300 Meters	(5-6)
4 x 100 Relay	(4-6)

Participation Rules:

Athletes Grades 1<sup>st</sup> & 2<sup>nd</sup> - May only participate in one event

Athletes Grade 3<sup>rd</sup> - May participate in on field event and one running event

Athletes Grades 4<sup>th</sup> – 6<sup>th</sup> – May participate in one field event and two running events

**NOTE: ONLY ONE ENTRY FROM EACH SCHOOL WILL BE ALLOWED TO PARTICIPATE IN EACH EVENT**

Entries for this track meet will be due to the organizer by Friday, April 8<sup>th</sup>. Entries will not be set in stone, but we'd like to be able to submit the entries on time with as much accuracy as possible.

Tryouts will be coordinated with Coach Russell in PE class over the next several weeks. With the limited number of events and entries per event it may be possible that an athlete will not be selected to participate in the track meet but will be encouraged to continue to practice with the team after entries are submitted to the meet organizer.

Please complete the below information and return it with your student to class if your child would like to participate in this year's track meet. A GroupMe will be developed for the team to communicate with everyone.

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

**GO SAINTS!!!!**